Activity 1

Lifting and Carrying a Baby

Data Sheet

Name: _____

Condition (Baseline or Intervention)												
Step: Date:												
1. Gather all materials.												
2. Wash your hands.												
3. Name your baby.												
4. Talk to the baby, do not scare her.												
5. Put one hand under the head and neck. Put the other hand under her bottom.												
6. Slide your hand that is under the head down the baby's back so your arms hold the baby up.												
7. Use the other hand to support the legs. Lift the baby gently to your body.												
8. Carry the baby close to you so she will feel safe.												
9. Put the baby down by holding the baby close to your body as you bend down, supporting the baby's back and neck.												
10. Clean up the area and put the baby away.												
11. Wash your hands.												
Number Independent												
Number Points Earned												
How did I do?	☺	☺	☺	☺	☺	☺	☺	☺	☺	☺	☺	☺
	😐	😐	😐	😐	😐	😐	😐	😐	😐	😐	😐	😐
	☹	☹	☹	☹	☹	☹	☹	☹	☹	☹	☹	☹
Do you like lifting and carrying a baby?	☺	☺	☺	☺	☺	☺	☺	☺	☺	☺	☺	☺
	😐	😐	😐	😐	😐	😐	😐	😐	😐	😐	😐	😐
	☹	☹	☹	☹	☹	☹	☹	☹	☹	☹	☹	☹

Key: I=Independent; G=gesture; A=auditory/verbal; V=visual/picture; M=model; PP=partial physical; FP=full physical; 0=no response (this would be used during baseline only)

Points earned: I=6; G=5; A=4; V=3; M=2; PP=1; FP=0

Anecdotal Notes: _____

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