

CHILD CARE – PRE/POST TEST

ITEM #4503

Directions: Read each item and decide which choice best completes the statement or answers the question.

1. What is the correct way to lift a baby out of bed?
 - A. Lift under the arms
 - B. Pick up under the head and ankles
 - C. Place hand under back or stomach and lift supporting neck and head and other hand supporting legs
 - D. Pull up by the arm and other hand under buttocks.
2. When sponge bathing a baby...
 - A. Use a small basin and wash cloth.
 - B. Use a tub and sponge.
 - C. Use a small basin and sponge.
 - D. Use a tub and wash cloth.
3. What is the proper way to bottle feed a baby?
 - A. Propping the bottle on a pillow and letting the baby suck the bottle
 - B. Holding the bottle at a 45-degree angle with the baby cradled in your arm with head higher than feet
 - C. Holding the bottle for baby while baby is lying down
 - D. Holding baby with head lower than feet
4. When can babies be given a tub bath?
 - A. At three months when they have more control over their bodies
 - B. After about two weeks when the umbilical cord and circumcision areas have healed
 - C. After one month when baby is more likely to enjoy the water
 - D. Not until six months because baby's skin is too sensitive to soaps
5. When putting a baby down to sleep, always position...
 - A. on her stomach with head to the side.
 - B. on her side so she can roll over to a comfortable position.
 - C. on her back.
 - D. Any of the above.
6. Babies must be burped...
 - A. Once after they have finished the bottle.
 - B. At intervals of three to five minutes.
 - C. Whenever they pull away from the bottle.
 - D. Once every minute.
7. Babies should be burped in the following way:
 - A. Hold the baby at your shoulder and gently pat her back
 - B. Put her in the bed on her back until you hear her burp
 - C. Do nothing, she will burp when she is ready
 - D. Put her in the bed on her stomach so it will force the air bubbles out
8. When changing a diaper...
 - A. Clean with a diaper wipe only if using disposable diapers.
 - B. Use a diaper wipe only when the baby has soiled the diaper
 - C. Clean with a diaper wipe only if using cloth diapers
 - D. Clean the baby thoroughly with a diaper wipe each time
9. Babies should be swaddled...
 - A. up until they are one month old.
 - B. for the first week only.
 - C. up until they are three months old.
 - D. as long as they like it.
10. When undressing a baby...
 - A. Take the gown over baby's head first, then pull the arms through and the gown off.
 - B. Pull the gown quickly over the baby's head and arms in one motion.
 - C. Take off the sleeves one at a time while supporting back and head, then pull gown over head and off baby.
 - D. Take off over the head first, then pull off in one motion.
11. How much do you know about Child Care?
 - A. Nothing.
 - B. Very little.
 - C. Some.
 - D. A lot.
12. How prepared are you to make a decision about a career in Child Care?
 - A. Not prepared.
 - B. Prepared very little.
 - C. Somewhat prepared.
 - D. Very prepared.