CHILD CARE - WORK PERFORMANCE BENCHMARKS

Client's Name: _____   **Date:** _____

ITEM #4504

Trial Number ___1___2___3___4___5___6___7___8___9___10

Overall Rating: 1   2   3   4

Performance Scale

Activity 1 - Lifting and Carrying the Baby

(a) Lifts baby by supporting the head and neck with one hand and bottom with the other.
(b) Carries baby by supporting back and bottom in a face forward position.
(c) Lays baby down and positions to sleep on back.
(d) Cleans area and puts baby and materials away.

1.	1	2	3	4
	Yes		No	

(a) _____
(b) _____
(c) _____
(d) _____

Activity 2 - Feeding the Baby

(a) Measures four ounces water for bottle and warms baby bottle to correct temperature.
(b) Tests to see if temperature is correct before feeding.
(c) Cradles and bottle-feeds baby in up-right position with head higher than feet.
(d) Burps the baby by holding at shoulder and rubbing/patting back or puts baby on lap face down and pats baby's back until she burps.
(e) Holds the bottle during feeding so that formula fills neck of the bottle and covers the nipple.
(f) Cleans area and puts baby and materials away.

2.	1	2	3	4
	Yes		No	

(a) _____
(b) _____
(c) _____
(d) _____
(e) _____
(f) _____

Activity 3 - Diapering the Baby

(a) Removes diaper and cleans baby front to back with a diaper wipe.
(b) Puts disposable diaper on baby and secures tape tabs.
(c) Folds cloth diaper suitable for boy or girl.
(d) Puts cloth diaper on baby and secures with safety pins.
(e) Puts plastic panties on baby over cloth diaper.
(f) Disposes of soiled diapers in sanitary fashion.
(g) Cleans area and puts baby and materials away.

3.	1	2	3	4
	Yes		No	

(a) _____
(b) _____
(c) _____
(d) _____
(e) _____
(f) _____
(g) _____

Activity 4 - Dressing the Baby

(a) Positions baby on back and dresses baby on flat surface.
(b) Puts diaper on baby.
(c) Puts gown on baby by pulling gown over baby's head and inserting arms. Then pulls gown down..
(d) Undresses baby by removing arms from sleeves and pulling gown over baby's head. Dresses baby in onesie and booties.
(e) Dresses and undresses baby on lap while supporting back and head.
(f) Cleans area and puts baby and materials away.

4.	1	2	3	4
	Yes		No	

(a) _____
(b) _____
(c) _____
(d) _____
(e) _____
(f) _____

Activity 5 - Sponge Bathing the Baby

(a) Fills small basin with warm water.
(b) Undresses baby and wraps in towel exposing only parts being bathed at a time.
(c) Uses damp cotton ball to clean eyes from inside corner to outside corner and outside of ears.
(d) Washes face with washcloth but no soap.
(e) Washes front side of baby to include neck, arms, trunk, and legs using one washcloth to wash and another one to rinse.
(f) Turns baby on side and supports with hand while sponge bathing back side of body.
(g) Supports head and neck over basin while shampooing and rinsing hair.

5.	1	2	3	4
	Yes		No	

(a) _____
(b) _____
(c) _____
(d) _____
(e) _____
(f) _____
(g) _____

Activity 5 - Sponge Bathing the Baby (Con't)

(h) Removes diaper and washes diaper area.
(i) Wraps baby in towel and pats dry; diapers and dresses baby.

(j) Cleans area and puts baby and materials away.

5.	1	2	3	4
	Yes		No	
(h)				
(i)				
(j)				

Activity 6 - Tub Bathing the Baby

(a) Prepares the tub by lining with a cloth diaper and pouring in two inches of warm water.
(b) Undresses baby and slips baby gradually into bath and supports neck and head with hand.
(c) Uses damp cotton ball to clean eyes from inside corner to outside corner and outside of ears.
(d) Washes face with washcloth but no soap.

(e) Shampoos and rinses baby's hair.
(f) Washes front side of baby to include neck, arms, chest, and legs.
(g) Turns baby over and supports with hand while bathing back side of body.
(h) Rinses baby thoroughly with fresh washcloth.
(i) Wraps baby in towel and pats dry; diapers and dresses baby.

(j) Cleans area and puts baby and materials away.

6.	1	2	3	4
	Yes		No	
(a)				
(b)				
(c)				
(d)				
(e)				
(f)				
(g)				
(h)				
(i)				
(j)				

Activity 7 - Swaddling the Baby

(a) Folds blanket with one corner down and places baby in a diagonal position with the head over the fold in the blanket.
(b) Takes corner near baby's left arm and pulls over arm and across body.
(c) Lifts bottom corner and brings up over baby's body, tucking into first swathe.
(d) Lifts last corner, brings over baby's right arm and tucks under back on left side.
(e) Removes swaddling and practices wrapping baby loosely without tucking the arms and feet in.

(f) Cleans area and puts baby and materials away.

7.	1	2	3	4
	Yes		No	
(a)				
(b)				
(c)				
(d)				
(e)				
(f)				